



My Official Personal Policies and Procedures:

This is my official policy on the nature of God (or the higher power in the universe):

This is my policy about my religion, spiritual beliefs or life philosophy...

This is my official policy about who I am...

My Personal Policies about my two sides:

This is my policy about the Voice of Fear in my head and how it affects me...

This is my policy about my Inner Truth side...

This is my policy about choosing how I will feel and experience every situation in my life...

My Personal Policy on the purpose of life:

My official policy on the purpose and point of life...

My official policy on the nature of life...

Personal Policies about my value:

This is my policy on determining my own value...

This is my policy about what other people think of me...

This is my policy on my past mistakes...

Personal Policy on Trust:
This is my policy on trusting the process of life...

My Personal Policy on disappointment:

This is my official policy on disappointment...

This is my policy about seeing other people and their behavior accurately...

This is my policy when people behave badly...

This is my official procedure when people behave badly and I don't know how to respond appropriately...

Personal Policies on choosing trust and love:

This is my policy on choosing trust and love...

This is my procedure for choosing trust and love...

My Personal Policies on challenges and trials:

This is my policy about why rough, challenging, painful things happen...

This is my policy on failures and difficulties and how I am officially going to experience them ...

This is my official policy on how disappointments and trials will affect me...

Personal Policies on choosing my thoughts:

This is my official policy about my power to choose my thoughts...

This is my policy on experiencing fear-based emotions...

Personal Policies on communication:

This is my policy on my communication...

This is my procedure for handling difficult conversations...

This is my policy on edifying other people...

Personal Policies on handling mistreatment:

This is my policy on seeing other people and their bad behavior accurately...

This is my official policy and procedure when I am mistreated...

Personal Policies on making mistakes:

This is my official policy on making mistakes...

This is my official procedure for forgiving myself when I make a mistake...

Personal Policies on dealing with difficult people:

This is my official policy on human behavior and seeing other people and their behavior accurately...

This is my official policy on handling difficult situations appropriately...

Personal Policies on perfection and motivation:

This is my official policy on perfectionism...

This is my official policy on motivation and why I do what I do...

My Personal Policy on embracing life:

This is my official policy on taking on challenges...

Personal policies and relationship rules:

This is my official policy on the role of my relationships in my life...

This is my policy on my part of my relationship...

These are our official relationship rules...